

## January 2024

## Middle School Breakfast Menu

		The state of the s			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 NO SCHOOL	NO SCHOOL	Waffle Benefit bar Muffin	Waffle Benefit bar Muffin	Waffle Benefit bar Muffin	Special News
		Cereal  100% Juice 1% White Milk	Cereal 100% Juice 1% White Milk	Cereal 100% Juice 1% White Milk	Breakfast is <b>FREE</b> for all
<b>8</b> Breakfast Sand.	<b>9</b> Breakfast Sand.	<b>10</b> Breakfast Sand.	<b>11</b> Breakfast Sand.	<b>12</b> Breakfast Sand.	students.
Benefit bar Muffin Cereal	Benefit bar Muffin Cereal	Benefit bar Muffin Cereal	Benefit bar Muffin Cereal	Benefit bar Muffin Cereal	A free breakfast <b>MUST</b>
100% Juice 1% White Milk	100% Juice 1% White Milk	100% Juice 1% White Milk	100% Juice 1% White Milk	100% Juice 1% White Milk	include a fruit or juice to be
15	16	17	18	19	considered a
NO SCHOOL	Waffle Benefit bar Muffin Cereal  100% Juice 1% White Milk	Waffle Benefit bar Muffin Cereal  100% Juice 1% White Milk	Waffle Benefit bar Muffin Cereal  100% Juice 1% White Milk	Waffle Benefit bar Muffin Cereal  100% Juice 1% White Milk	meal.  Students
22	23	24	25	26	who do not
French toast  Benefit bar  Muffin  Cereal  100% Juice 1% White Milk	French toast  Benefit bar  Muffin  Cereal  100% Juice 1% White Milk	French toast  Benefit bar  Muffin  Cereal  100% Juice  1% White Milk	French toast  Benefit bar  Muffin  Cereal  100% Juice 1% White Milk	French toast  Benefit bar  Muffin  Cereal  100% Juice  1% White Milk	take the required components will be
29	30	31			charged a la
Pancakes Benefit bar Muffin Cereal	Pancakes Benefit bar Muffin Cereal	Pancakes Benefit bar Muffin Cereal			carte pricing.
100% Juice 1% White Milk	100% Juice 1% White Milk	100% Juice 1% White Milk			Menus are subject to change without notice.

All Meals will be served with either 4oz. of fruit and/or vegetable to follow USDA Guidelines for what makes a meal.

Students who do not take the required components will be charged a la carte pricing.

Milk served is 1% white milk



